

May 2019

Dear Parents/Guardians

Re: Year 9 Girls Pre-Season Hockey Training 2019-20; 'Save the Date'

I am writing to all Year 8 girls to invite you to pre-season hockey training. The times and dates for pre-season training are below. Hockey is the main sport for girls in the Michaelmas Term and is open to all students. The girls in the teams take great pride in representing the school and are dedicated to training and matches. As a result, a number of our teams have achieved success in county and national competitions.

Please note that pre-season is open to every student. We have fixtures on the first weekend back, therefore, it is important that you try and attend the pre-season training sessions to maximise your development opportunities before these games. There will be a number of coaches at the sessions. We are also hoping to have a special guest coach on Friday 30 August who will be in to deliver a skills session to all the girls.

Although these sessions are not compulsory, we would hope that all students will do their utmost to attend. Could you please confirm your daughter's likely attendance by completing the form below so that we are able to plan each session accordingly.

The aim of pre-season is for the players:

- To learn and develop core technical skills
- To develop roles and responsibilities within your team.
- Understand new positions, tactics and set plays
- To get to know their coach for the season ahead
- To be as prepared as possible for the start of the regular season

Date	Training	Time
Thursday 29 August 2019	Year 9 Pre-Season Training	9.00am-11.00am
Friday 30 August 2019	Year 9 Pre-Season Training	11.00am-1.00pm
Tuesday 3 September 2019	Year 9 Pre-Season Training	4.00pm-5.30pm

Students should bring their PE or Games shirt, skort, astroturf trainers, socks, shin pads and gum shield to every training session. They will also need plenty of fluids. It is expected that students will have their own hockey stick as they will be playing the sport for the whole of the Michaelmas Term at the very least.

On **Saturday 7 September** there are A and B, team fixtures versus Forest School. There are fixtures most Saturdays for both the A and B teams, and these are available to view on the school sports website www.newhallschoolsport.co.uk. Please can I ask that students make a note of these dates and ensure they are available to play.

Finally, if you have any queries at all regarding girls' hockey at New Hall then please do not hesitate to contact me via: g.ward@newhallschool.co.uk.

Yours sincerely

Mr Grant Ward
HEAD OF HOCKEY

To: Mr G Ward, Head of Hockey, New Hall School, The Avenue, Boreham, Chelmsford, Essex CM3 3HS

I/we* can confirm that my/our daughter*: will be attending the following session(s):

Please confirm your daughter's attendance:

- Thursday 29 August 2019: 9.00am-11.00am
- Friday 30 August 2019: 11.00am-1.00pm
- Tuesday 3 September 2019: 4.00pm-5.30pm

- Unable to attend any sessions

Parents/Guardians can respond by email to g.ward@newhallschool.co.uk, by writing a letter or by printing out, signing and returning this form.

Signed (*Parent/Guardian): Date: