

May 2019

Dear Parents/Guardians

Re: Year 7 Girls Pre-Season Hockey Training 2019-20; 'Save the Date'

I am writing to all new Year 7 girls to invite you to pre-season hockey training. The times and dates for preseason training are below. Hockey is the main sport for girls in the Michaelmas Term and is open to all students. The girls in the teams take great pride in representing the school and are dedicated to training and matches. As a result, a number of our teams have achieved success in county and national competitions.

Please note that pre-season is open to every student. There will be a large number of students coming into New Hall who have no or little experience of playing hockey, whilst some may be part of a hockey club already. Therefore, it is important that you try and attend the pre-season training sessions to maximise your development opportunities. There will be a number of coaches at the sessions and students will be divided into small groups based on their previous hockey experience.

Although these sessions are not compulsory, we would hope that all students will do their utmost to attend. Could you please confirm your daughter's likely attendance by completing the form below so that we are able to plan each session accordingly.

The aim of pre-season is for the players:

- To learn and develop core technical skills
- To learn some of the positions, tactics and set plays
- To get to know their peer group
- To get to know their coach for the season ahead
- To be as prepared as possible for the start of the regular season

Date	Training	Time
Thursday 29 August 2019	Year 7 Pre-Season Training	11.00am - 1.00pm
Friday 30 August 2019	Year 7 Pre-Season Training	9.00am - 11.00am
Monday 2 September 2019	Year 7 Pre-Season Training	4.00pm - 5.30pm

Students should bring their PE or Games shirt, skort, astroturf trainers, socks, shin pads and gum shield to every training session. They will also need plenty of fluids. It is expected that students will have their own hockey stick as they will be playing the sport for the whole of the Michaelmas Term at the very least.

On **Saturday 7 September** there are A,B,C & D team fixtures versus Forest School. There are fixtures most Saturdays for both the A and B teams, and some for the C and D teams, and these are available to view on the school sports website www.newhallschoolsport.co.uk.

Please can I ask that students make a note of these dates and make sure they are available to play.

Finally, if you have any queries at all regarding girls' hockey at New Hall then please do not hesitate to contact me on g.ward@newhallschool.co.uk.

Yours sincerely

Mr Grant Ward
HEAD OF HOCKEY

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Name: _____ Date: _____