

Supper - Week 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
SOUP	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day		
HOMEMADE BREADS		gourmet hot dogs			french bistro		
COUNTER A	grilled gammon with pineapple salsa	gourmet hot dogs soft roll, onion rings , sauces	Moroccan style chicken skewers with tomato salsa	lamb keema with naan bread & cucumber raita	chicken with truffle mushroom cream sauce		
COUNTER B	chicken stir-fry	ramen soup	beef stroganoff	grilled turkey escalope with choice of sauces	roasted pork belly with apple compote		
PLAIN PROTEIN	plain gammon steak / chicken	plain chicken	plain chicken skewers	plain turkey	plain chicken	pizza night SUNDAY ROAST roast turkey roasted potatoes seasonal market vegetables selection of accompaniments	
VEGETARIAN MAIN	cannelloni with tomato sauce	quorn hot dog	baked flat mushrooms with feta cous cous	Louisiana bean pot	baked brie, onion broccoli tart		
VEGETABLES	cauliflower / beans	sweetcorn	carrots/ broccoli	ratatouille vegetables	selection of seasonal vegetables		
CARBOHYDRATE	mash potato/ rice	chips	rice / wedges	potato wedges / rice	dauphinoise potatoes		
DESSERT 1	rice pudding with autumn fruits	coconut & jam sponge	raspberry ripple sponge ice cream	earl grey & lemon sponge	chefs dessert bar		
DESSERT 2	Selection of Yoghurts Jellies and fruit	Selection of Yoghurts Jellies and fruit	Selection of Yoghurts Jellies and fruit	Selection of Yoghurts Jellies and fruit	Selection of Yoghurts Jellies and fruit		Selection of Yoghurts Jellies and fruit
FRESH WHOLE FRUIT & YOGHURT	Fresh whole fruit and yoghurt always available						

Supper - Week 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
SOUP	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day		SUNDAY gammon /pork dish chicken dish vegetarian dish potatoes seasonal market vegetables selection of accompaniments dessert
HOMEMADE BREADS				burger night	Caribbean		
COUNTER A	cumberland sausage	salmon coconut curry	peri peri chicken	classic beef burger	sticky citrus chicken		
COUNTER B	chicken tikka	chorizo sausage pasta bake	hot tuna nicoise salad	chilli & garlic chicken burger	pork shoulder with plaintain		
PLAIN PROTEIN	plain chicken	plain fish	plain turkey or cod	plain chicken	plain ham/ pork	curry night	
VEGETARIAN MAIN	vegetarian sausages	vegetable pakoras	stuffed peppers with halloumi & vegetables	cheese ravioli	pumpkin fritters with mango salsa		
VEGETABLES	cauliflower/ baby corn	bok choy & green beans	carrots/ broccoli	onion rings & slaw	corn cobs		
CARBOHYDRATE	creamed potatoes/ bombay potatoes	saute potatoes/ rice	parmentier potatoes	skinny fries	rice & peas		
DESSERT 1	banoffee tarts	umm ali	panata egg tart	oreo cheesecake	frozen yoghurt bar		
DESSERT 2	Selection of Yoghurts Jellies and fruit	Selection of Yoghurts Jellies and fruit	Selection of Yoghurts Jellies and fruit	Selection of Yoghurts Jellies and fruit	Selection of Yoghurts Jellies and fruit	Selection of Yoghurts Jellies and fruit	
FRESH WHOLE FRUIT & YOGHURT	Fresh whole fruit and yoghurt always available						

Supper – Week 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
SOUP	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day		
HOMEMADE BREADS	bao station	Italian night	Japanese				
COUNTER A	honey & soy glazed chicken	meat feast pizza	chicken katsu curry	sausage rolls topped with cheese & crispy bacon	bbq meatballs		
COUNTER B	pork belly	mushroom ravioli with cream sauce	japanese beef bowls	turkey, chorizo & tomato stew	hunter chicken		
PLAIN PROTEIN	plain chicken	plain fish	plain chicken	plain bacon chop	plain ham/gammon	pies, pasties & mash night	SUNDAY ROAST roast beef chicken dish vegetarian dish roasted potatoes seasonal market vegetables selection of accompaniments dessert
VEGETARIAN MAIN	vegetarian spring rolls	Mediterranean vegetable risotto	vegan katsu curry	vegetable burger	falafel flatbreads		
VEGETABLES	stir fry vegetables	ratatouille vegetables	saute pak choi/ green beans	peas & carrots	sweetcorn		
CARBOHYDRATE	egg noodles/ rice	potato wedges	jasmine rice	saute potatoes	fusilli pasta		
DESSERT 1	chocolate sponge pudding	toffee apple tart	lemon drizzle with white chocolate glaze	autumn fruits trifle	chefs dessert bar		
DESSERT 2	Selection of Yoghurts Jellies and fruit	Selection of Yoghurts Jellies and fruit	Selection of Yoghurts Jellies and fruit	Selection of Yoghurts Jellies and fruit	Selection of Yoghurts Jellies and fruit	Selection of Yoghurts Jellies and fruit	
FRESH WHOLE FRUIT & YOGHURT	Fresh whole fruit and yoghurt always available						

Supper - Week 4

SOUP	Soup of the day	Soup of the day	Soup of the day	Soup of the day	Soup of the day		SUNDAY pork dish chicken dish vegetarian dish potatoes seasonal market vegetables selection of accompaniments dessert
HOMEMADE BREADS		Turkish	grill night	wings and ribs	Chinese		
COUNTER A	char sui pork belly with steamed buns	lemon, cumin & garlic roasted chicken	grilled turkey escalope with cranberry & sweet chilli sauce	selection of chicken wings with choice of dips	korean style chicken with kimchi		
COUNTER B	salmon fishcakes with hollandaise sauce	Turkish lamb pilau & mezze	grilled gammon chop with creamy mushroom sauce	sticky pork ribs	duck pancake rolls / cucumber / spring onion		
PLAIN PROTEIN	plain pork belly	plain chicken	plain turkey	plain chicken	plain fish	Italian night	
VEGETARIAN MAIN	mushroom ravioli	baked aubergine with pumpkin & feta cheese	vegetable cottage pie	goats cheese & red onion tart	cheese & sweetcorn macaroni		
VEGETABLES	steamed savoy cabbage	baby corn	carrots/ broccoli	ratatouille vegetables	mixed seasonal vegetables		
CARBOHYDRATE	rice/ new potatoes	mint rice / flatbreads	boulangere potatoes	curly fries	egg fried rice		
DESSERT 1	jam roly poly sponge	rose water infused fruit salad	warm cookie dough cake	Mississippi mud pie	frozen yoghurt bar		
DESSERT 2	Selection of Yoghurts Jellies and fruit	Selection of Yoghurts Jellies and fruit	Selection of Yoghurts Jellies and fruit	Selection of Yoghurts Jellies and fruit	Selection of Yoghurts Jellies and fruit	Selection of Yoghurts Jellies and fruit	
FRESH WHOLE FRUIT & YOGHURT	Fresh whole fruit and yoghurt always available						