

## SUPPER(1)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>SOUP</b>	<i>Soup of the day</i>	<i>Soup of the day</i>	<i>Soup of the day</i>	<i>Soup of the day</i>	<i>Soup of the day</i>		<b>SUNDAY ROAST</b> roast turkey roasted potatoes seasonal market vegetables selection of accompaniments
<b>HOMEMADE BREADS</b>			<i>gourmet hot dogs</i>				
<b>COUNTER A</b>	<i>griddled pork steak spiced tomato sauce</i>	<i>chicken thigh hot pot</i>	<i>gourmet hot dogs pulled BBQ beef soft roll</i>	<i>moroccan lamb leg flavoured with ras el hanout</i>	<i>corn fed chicken leg creamy oyster mushroom sauce</i>	<i>pizza night</i>	
<b>COUNTER B</b>	<i>breaded cod fillet tartare sauce</i>	<i>slow cooked beef ribs chinese style</i>	<i>gourmet hot dogs quorn dog slow cooked onions soft roll</i>	<i>poached fillet of salmon with beurre noisette</i>	<i>spanish style pork with chorizo</i>		
<b>VEGETARIAN MAIN</b>	<i>roasted red pepper, basil &amp; courgette tart</i>	<i>vegetable spring rolls stir fried vegetables</i>	<i>gnocchi with spinach leeks &amp; broccoli pesto cream sauce</i>	<i>quorn, chick pea &amp; butternut squash tagine</i>	<i>red onion, rocket &amp; mozzarella ciabatta</i>		
<b>VEGETABLES</b>	<i>peas &amp; cauliflower</i>	<i>roasted root vegetables</i>	<i>sweetcorn</i>	<i>super greens - kale, green beans &amp; peas</i>	<i>selection of seasonal vegetables</i>		
<b>CARBOHYDRATE</b>	<i>parmetier potatoes</i>	<i>creamed potatoes</i>	<i>chips</i>	<i>cous cous</i>	<i>sweet potato fries</i>		
<b>DESSERT 1</b>	<i>chocolate ganache cake</i>	<i>vanilla sponge with cream</i>	<i>lemon &amp; orange mousse</i>	<i>rocky road</i>	<i>ice cream bar</i>		
<b>DESSERT 2</b>	<i>Selection of Yoghurts Jellies and fruit</i>	<i>Selection of Yoghurts Jellies and fruit</i>	<i>Selection of Yoghurts Jellies and fruit</i>	<i>Selection of Yoghurts Jellies and fruit</i>	<i>Selection of Yoghurts Jellies and fruit</i>	<i>Selection of Yoghurts Jellies and fruit</i>	
<b>FRESH WHOLE FRUIT &amp; YOGHURT</b>	<i>Fresh whole fruit and yoghurt always available</i>						

## SUPPER (2)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>SOUP</b>	<i>Soup of the day</i>	<i>Soup of the day</i>	<i>Soup of the day</i>	<i>Soup of the day</i>	<i>Soup of the day</i>		
<b>HOMEMADE BREADS</b>				<i>burger night</i>	<i>chinese</i>		
<b>COUNTER A</b>	<i>chicken, broccoli &amp; pasta bake</i>	<i>fishermans pie with potato topping</i>	<i>pork ribs &amp; chicken drumsticks with smokey bbq rub</i>	<i>classic beef burger</i>	<i>sweet n sour chicken kebabs with peppers, red onions &amp; mushrooms</i>	<i>curry night</i>	<i>SUNDAY ROAST roast gammon roasted potatoes seasonal market vegetables selection of accompaniments</i>
<b>COUNTER B</b>	<i>ham &amp; mushroom tortelloni</i>	<i>beef meatballs romesco sauce</i>	<i>salmon fishcakes with tabouleh salad</i>	<i>lemon &amp; garlic chicken burger</i>	<i>chinese style pulled pork steamed bun</i>		
<b>VEGETARIAN MAIN</b>	<i>macaroni cheese</i>	<i>grilled halloumi roasted peppers, courgettes &amp; aubergines</i>	<i>aubergine parmigiana</i>	<i>southern fried quorn burger</i>	<i>quorn kebabs with peppers, red onion &amp; mushrooms</i>		
<b>VEGETABLES</b>	<i>mixed mediterranean vegetables</i>	<i>mixed vegetables</i>	<i>sauteed baby corn</i>	<i>onion rings &amp; slaw</i>	<i>stirfried vegetables</i>		
<b>CARBOHYDRATE</b>	<i>garlic doughballs</i>	<i>saute potatoes</i>	<i>parmentier potatoes</i>	<i>skinny fries</i>	<i>rice</i>		
<b>DESSERT 1</b>	<i>chocolate brownie</i>	<i>bakewell tart</i>	<i>yum yums</i>	<i>seasonal fruits, jelly &amp; custard pot</i>	<i>chocolate fairy cakes</i>		
<b>DESSERT 2</b>	<i>Selection of Yoghurts Jellies and fruit</i>	<i>Selection of Yoghurts Jellies and fruit</i>	<i>Selection of Yoghurts Jellies and fruit</i>	<i>Selection of Yoghurts Jellies and fruit</i>	<i>Selection of Yoghurts Jellies and fruit</i>		
<b>FRESH WHOLE FRUIT &amp; YOGHURT</b>	<i>Fresh whole fruit and yoghurt always available</i>						

## SUPPER (3)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>SOUP</b>	<i>Soup of the day</i>	<i>Soup of the day</i>	<i>Soup of the day</i>	<i>Soup of the day</i>	<i>Soup of the day</i>		
<b>HOMEMADE BREADS</b>		<i>indian</i>					
<b>COUNTER A</b>	<i>roasted chicken breast with tarragon &amp; mushroom cream sauce</i>	<i>beef madras</i>	<i>chicken katsu curry</i>	<i>pork &amp; chorizo paella</i>	<i>minute steak with griddled mushrooms</i>	<i>tapas night</i>	<b>SUNDAY ROAST</b> <i>roast beef roasted potatoes seasonal market vegetables selection of accompaniments</i>
<b>COUNTER B</b>	<i>steamed cod fillet with red thai coconut vegetables</i>	<i>mixed seafood goan curry</i>	<i>japanese style beef with egg noodles</i>	<i>salmon caesar salad crispy lettuce olive oil baked croutons</i>	<i>poached chicken with pearl barley &amp; herb broth</i>		
<b>VEGETARIAN MAIN</b>	<i>sweet n sour mushroom &amp; quorn kebabs</i>	<i>tandoori paneer butternut squash &amp; sweet potato</i>	<i>quorn meatballs grilled halloumi sub roll</i>	<i>caramalised onion tarte tatin</i>	<i>falafels with sauteed mediterranean vegetables herb oil</i>		
<b>VEGETABLES</b>	<i>peas ala francais</i>	<i>okra &amp; cauliflower</i>	<i>mixed seasonal vegetables</i>	<i>sauteed courgettes &amp; cherry tomatoes</i>	<i>sweetcorn</i>		
<b>CARBOHYDRATE</b>	<i>egg noodles</i>	<i>potato wedges</i>	<i>rice / potatoes</i>	<i>saute potatoes</i>	<i>dauphinois gratin potatoes</i>		
<b>DESSERT 1</b>	<i>chocolate fudge cake</i>	<i>apple slice &amp; toffee custard</i>	<i>french lemon tart</i>	<i>chocolate &amp; cherry sponge cake</i>	<i>treacle tart with vanilla ice cream</i>		
<b>DESSERT 2</b>	<i>Selection of Yoghurts Jellies and fruit</i>	<i>Selection of Yoghurts Jellies and fruit</i>	<i>Selection of Yoghurts Jellies and fruit</i>	<i>Selection of Yoghurts Jellies and fruit</i>	<i>Selection of Yoghurts Jellies and fruit</i>		
<b>FRESH WHOLE FRUIT &amp; YOGHURT</b>	<i>Fresh whole fruit and yoghurt always available</i>						

## SUPPER (4)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>SOUP</b>	<i>Soup of the day</i>	<i>Soup of the day</i>	<i>Soup of the day</i>	<i>Soup of the day</i>	<i>Soup of the day</i>		<b>SUNDAY ROAST</b> roast pork roasted potatoes seasonal market vegetables selection of accompaniments
<b>HOMEMADE BREADS</b>				<i>best of british</i>			
<b>COUNTER A</b>	<i>maple glazed pork escalope smokey beans</i>	<i>piri piri style chicken breast</i>	<i>lemon thyme &amp; garlic turkey escalope with tomato &amp; herb dressing</i>	<i>chicken, leek &amp; mushroom pie</i>	<i>sweet n sour gammon steak with bamboo shoots</i>		
<b>COUNTER B</b>	<i>hot salmon salad roasted root vegetables &amp; balsamic glaze</i>	<i>slow braised beef &amp; mushroom cobbler</i>	<i>malaysian lamb rendang</i>	<i>slow cooked belly of Dingley Dell pork with red onion gravy</i>	<i>beef ragu with mushroom ravioli</i>		
<b>VEGETARIAN MAIN</b>	<i>vegetarian tortelloni with tomato sauce</i>	<i>quorn &amp; red onion bolognaise</i>	<i>quorn shephards pie topped with crispy potatoes</i>	<i>sundried tomato &amp; basil paella</i>	<i>vegetarian burger</i>	<i>chinese</i>	
<b>VEGETABLES</b>	<i>steamed broccoli</i>	<i>peas</i>	<i>honey glazed carrots</i>	<i>green beans</i>	<i>mixed seasonal vegetables</i>		
<b>CARBOHYDRATE</b>	<i>buttered new potatoes</i>	<i>mash potatoes/ rice</i>	<i>tumeric rice</i>	<i>roast new potatoes</i>	<i>parmentier potatoes</i>		
<b>DESSERT 1</b>	<i>coffee &amp; buttercream cake</i>	<i>millionaire shortbread</i>	<i>cookies &amp; muffins</i>	<i>sticky toffee sponge &amp; crème anglaise</i>	<i>dipped apples</i>		
<b>DESSERT 2</b>	<i>Selection of Yoghurts Jellies and fruit</i>	<i>Selection of Yoghurts Jellies and fruit</i>	<i>Selection of Yoghurts Jellies and fruit</i>	<i>Selection of Yoghurts Jellies and fruit</i>	<i>Selection of Yoghurts Jellies and fruit</i>	<i>Selection of Yoghurts Jellies and fruit</i>	
<b>FRESH WHOLE FRUIT &amp; YOGHURT</b>	<i>Fresh whole fruit and yoghurt always available</i>						