

Founded 1642



New Hall School

Whole School Restraint Policy

Reviewed by	Senior Leadership & Management Team
Date	August 2018
Authorised by	Board of Governors of New Hall
ISI Code	B3

WHOLE SCHOOL RESTRAINT POLICY

This policy is a whole school policy, this includes Preparatory, Day and Boarding Divisions.

1. Use of Physical Restraint

We hope that the use of any physical force will not become necessary. However, should this ever be required then it is the aim of this policy, to clarify the power of teachers and other staff, who have lawful control or charge of pupils in both the school and the boarding house, to use reasonable force to prevent pupils committing any offence, causing injury or damage to themselves or others, or causing severe disruption.

This provision applies when a teacher or authorised person is on the school premises and when the person has lawful control or charge of the pupil elsewhere (e.g. field trip/activity etc.). It must be clear that this clarification does not authorise the use of corporal punishment in any circumstances nor is it intended to encourage the use of inappropriate force.

There are a wide variety of situations in which 'reasonable restraint' may be appropriate, or necessary, to control or restrain a pupil. Wherever possible, if this is anticipated, appropriate steps should have been taken beforehand to plan responses.

Staff may use such restraint as is reasonable in the circumstances to prevent a pupil from doing or continuing to do, any of the following:

- a) Committing any offence
- b) Causing an imminent risk of injury to themselves or other.
- c) Causing serious damage to property including their own
- d) Seriously prejudicing the maintenance of good order and discipline at the school or among any pupils receiving education at the school, whether during a teaching session or otherwise.

The staff to which this power applies are:

- Any teacher who works at the school and
- Any other person whom the Principal has authorised to have control or charge of pupils.
- It does not include pupils with positions of authority.

2. Reasonable restraint

Wherever possible, staff should exhaust the range of behaviour management strategies in the behaviour policy that are aimed at preventing the situation from reaching the point at which physical intervention becomes necessary. Restraint will therefore only be used as a last resort after all efforts to defuse the situation have been taken.

There is no legal definition of when it is reasonable to use force. It is, therefore, impossible to set out a comprehensive definition of the degree of force that may be used.

Relevant considerations should be:

- The use of physical restraint can be regarded as reasonable only if the circumstances of the particular incident warrant it. If the situation does not warrant the use of physical restraint then any degree of force is unlawful.
- The degree of restraint employed must be in proportion to the circumstances of the incident and the seriousness of the behaviour or the consequences it is intended to prevent. Any restraint used should always be the minimum required.

- The degree of restraint used, or whether it is reasonable to use any at all, will also be dependent upon the age of the pupil.

3. Guidelines on the use of restraint

Before using restraint of any type staff should, wherever practicable:

- Tell the pupil who is misbehaving to stop.
- Give clear instruction warning the pupil that unless he conforms then physical restraint will be applied.
- Continued communication should be attempted throughout the incident.
- It should be made clear that restraint will stop as soon as it ceases to become necessary.
- Staff should never give the impression that they have lost their temper but should retain a calm measured approach.
- If possible summon help from another member of staff to assist.
- Staff should never intervene if they believe they are at risk of injury but should call for assistance.

4. Intervention

This may take several forms:-

- physically intervening between pupils,
- blocking a pupil's path,
- holding, pushing or pulling,
- leading a pupil by hand or arm,
- shepherding a pupil by placing his/her hand in the centre of the pupil's back,
- in extreme cases using a more restrictive hold or taking action necessary to prevent injury but this action must be consistent with 'reasonable force'.

In normal circumstances staff should **NOT** act in a way that might reasonably be expected to cause injury, for example by:-

- holding a pupil by the neck,
- slapping, punching or kicking a pupil,
- twisting or forcing limb joints,
- tripping a pupil,
- holding a pupil by the hair or ear,
- holding a pupil face down on the ground,
- holding a pupil in a way which may be interpreted as indecent.
- It is anticipated at all times that any element of force will **ONLY** be used when all other attempts to defuse the situation have failed.

5. Reporting and recording

If force is used towards any pupil in the school or house, the incident record form must be completed and a copy sent to the Deputy Principal, Head of Division, DSL and the Head of Boarding (if the incident occurs in a boarding house, or the student is a member of a boarding house.) The report should always be completed on the same day as the incident. It may be wise to seek advice from a member of the Senior Leadership Team when compiling the report.

After any recordable incident, parents/guardians should always be informed and given the opportunity to discuss the incident with staff at the school. Any disciplinary action and/or support that results from these meetings will follow the information laid out in the school's behavioral policy.

6. Complaints

It is possible, that despite adherence to the above advice, a parental complaint may ensue. It is therefore important that the above advice has been carefully followed and that the use of force was reasonable in the circumstances. Members of staff should not discuss any aspect of a parental complaint with the parent, any complaint must be dealt with by either the Principal, or a member of staff appointed by the Principal.

All staff should be aware that physical contact of any sort may be misconstrued, however innocent. Some physical contact may be necessary or appropriate in certain subjects (e.g. Dance, Drama, P.E.) or circumstances (e.g. injury), but staff should always use professional judgment in this matter. It is important that if any pupil is particularly sensitive to physical contact that information has been circulated to all staff.

7. Monitoring

All staff will have awareness sessions on the issues of this policy. The introduction of more formal training will remain under constant review. SLT will monitor incidents of the use of restraint.