



May 2019

Dear Parents/Guardians

Re: 1st XV, 2nd XV & U16 Boys Rugby Pre-Season; Thursday 29 August - Saturday 31 August & Tuesday 3 September 2019

I am writing to invite your son to the senior squad pre-season rugby training in August and September 2019.

Thursday 29 August 2019 - all senior players (Years 11-13 2019-20)

Meet at 9.45am to start rugby at 10.00am, session will finish at 12.30pm. The boys should bring a snack and water for the mid-morning break.

Friday 30 August 2019 - all senior players

Meet at 10.45am to start rugby at 11.00am, finishing at 4.00pm. The boys will be required to bring their own packed lunch.

Saturday 1 September 2019 - 1st XV squad only

25 players selected to play at the St Albans pre-season tournament for the 1st XV.

Tuesday 3 September 2019- all senior players

Training 4.00-5.30pm

Thursday 5 September 2019- all senior players

Normal after school training times

Saturday 7 September 2019

Fixtures vs The Perse

Please complete the form below to confirm your son's likely attendance, and let me know via email of any individual dates your son cannot attend.

An Age Grade Compliance Form is attached. This is a document required for us to be able to train and play U16 and U17 with U18 players. In respect to this and to avoid any confusion please be assured that any contact training that is done at these sessions is done in year group isolation (U16 split from U17/U18 players who are the 1st XV and 2nd XV).

However, as the season progresses we will play in 15 a side training games (minimal contact) against the age groups at stages through the year. I believe these training games, and the positive environment built from training these year groups together have been incredibly valuable to our senior rugby development in the last 3 years. It has provided a firm platform for

some outstanding players to progress in to the 1st XV and for the development of our 2nd XV. If any parents or players wish to discuss this further, please do get in touch with me.

If you have any questions, please do not hesitate to get in contact with me via o.cobbe@newhallschool.co.uk.

Yours sincerely

Mr O Cobbe
DIRECTOR OF BOYS' SPORT